

Kate Myczek, DNP, M-Ed, APRN-FPA, FNP-BC

kmyczek@luc.edu/KateMyczek@gmail.com

708.280.1037

Education

Loyola University Chicago
Doctorate of Nursing Practice: Systems leadership

University of Illinois at Chicago
*Master of Science,
Family Nurse Practitioner credential*

Loyola Marymount University, Los Angeles, CA
*Master of Education
Multiple Subject Teaching Credential*

University of Illinois at Champaign-Urbana
Bachelor of Science in Psychology

Languages

Fluent in English
Clinically proficient in Spanish

Licensure

Certs/

Full Practice Authority APRN, IL License 277.002000
Full Practice Authority APRN Controlled Substance, IL License 377.001931
Professional Registered Nurse, IL License 041.421925 ANCC Board Certified Family Nurse Practitioners Telehealth Certification for Providers and Educators

Scholarship and Publishing

Conrath, Kate and Joseph Zeccola. *“Speak Out: Does social networking hurt student grades?”* American Teacher 94.2 (2009)

Navigating Adolescent Health: A Feasibility Assessment to Improve Health Habits of Minority and Low-Income Teens

Poster presented at 2022 Ruth K. Palmer Research Symposium:
https://ecommons.luc.edu/loyola_palmerresearchsymposium/2022/Asynchronous_Posters/11/
Presented for Faculty 12/2022 through the MNSON Health Equity Research Series:
<https://www.luc.edu/nursing/about/inclusiveexcellence/events/>

Poster presented at NAPNAP (Pediatric Nurse Practitioner Association) Conference
<https://www.napnap.org/2024-poster-presentation-handouts/>

10/2022

Panel guest speaker for post-discussion on *The Loyola Project*, presented through the office of Diversity, Equity, and Inclusion in the MNSON

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Academic Roles

Director, FNP Program Track (July 2023-Present)

Loyola University Marcella Niehoff School of Nursing, Maywood, IL

Provides Leadership and administrative direction for the Family NP track in the DNP program

- Marketing – Collaborates with the Dean, Assistant Dean of Graduate Programs, and GPEM in development of a recruitment plan for the track
- Collaborates with other Program Directors for policies for admission, academic progress, student records, student disciplinary actions; advising; and student orientations.
- Coordinates implementation and delivery of the curricula, including the ongoing improvement of courses and curricular plans for the track, to assure alignment with the AACN Essentials, NONPF Guidelines, and accreditation standards for all programs.
- Serves as primary advisor for students within track.
- In collaboration with the DNP Director and Student Services, forecasts course offerings and course scheduling.
- Collaborates with faculty and Clinical Placement Office to identify and evaluate clinical placement sites and preceptors for the track.
- Represents the College of Nursing Family NP track of the DNP program within the university and to external constituents; includes recruiting events and presentations/publications.
- Collaborates with other disciplines to advance interprofessional education.

Clinical Assistant Professor (August 2022-Present)

Loyola University Marcella Niehoff School of Nursing, Maywood, IL

Educator and mentor to MNSON students across undergraduate and graduate programs

- Educate students on core concepts of nursing leadership, assessment, and advanced-practice provider skills.
- Evaluate students' assignments, growth and understanding of critical concepts in nursing.
- Emphasize significance of Diversity Equity and Inclusion in all aspects of care
- Accentuate value of evidence-based practice by reviewing and incorporating updated materials and concepts.
- Role model professionalism and Jesuit values by guiding students through mentorship and individual advising meetings.
- Successfully integrate technology-based curriculum, facilitating interactive discussion well as providing low-stakes outlets for sharing concerns/comments regarding curriculum.
- Active participant in DEI seminars, Faculty Practice Special Interest Committee, and Faculty Party Planning/Teambuilding

Lab Instructor/Teaching Assistant (2019-May 2022)

Loyola University Marcella Niehoff School of Nursing, Maywood, IL

Act as lab instructor to graduate nursing students GNUR409: Graduate Health Assessment

- Collaborated with class professor in determining direction of course and lab activities.
- Presented proper exam technique to students.
- Evaluated student's assignments and physical assessment skills.
- Assisted in curriculum revision and academic planning activities.
- Maintained academic rigor and communications during COVID 19 remote learning.

Adjunct Clinical Instructor (January 2019-May 2022)

Loyola University Marcella Niehoff School of Nursing, Maywood, IL

Acted as clinical instructor to pre-licensure nursing students in Medical-Surgical Unit.

- Directed, managed, and evaluated student learning in the clinical setting.
- Engaged students in individualized instruction in the observation assessment, decision-making, and the educating of clients.
 - Assisted students in integration of theory and practice, specific to courses.

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Healthcare Provider Experience

Registry(part-time)Nurse Practitioner/Primary Care Provider (September 2023-present)

PCC Walk-In Wellness Center, Chicago, IL

Near North Healthcare, Chicago, IL

- Conduct comprehensive physical examinations for patients of all ages.
- Diagnose and treat various medical conditions, injuries, and illnesses.
- Develop and implement personalized treatment plans based on patient needs.
- Provide preventive care, including vaccinations, screenings, and health education.
- Manage chronic conditions such as diabetes, hypertension, and asthma.
- Order and interpret diagnostic tests, such as bloodwork and imaging studies.
- Address and manage acute medical issues through timely interventions.
- Monitor and adjust medication regimens to optimize patient health.
- Respond to medical emergencies and provide immediate care as needed.
- Work collaboratively with healthcare team members for coordinated care.

Clinical Manager/Nurse Practitioner (July 2019-August 2022)

Loyola University School Based Health Center at Proviso East High School, Maywood, IL

- Functioned as primary practitioner for clinic; performed full range of medical visits for all D209 students
- Coordinate IDPH visits/certification
- Manage inventory for Vaccines For Children Program
- Conducted and documented complete medical examinations, periodic preventive medical evaluations, and evaluated adolescents with walk-in, as well as scheduled, visits
- Ordered and interpreted laboratory screening tests and immunizations.
- Developed relationships with community organizations, FQHCs for continuity and transition of care
- Managed Medical Assistant with scheduling, clinic responsibilities and professional development
- Created new policies regarding telehealth, conducting telehealth visits for students after school closure
- Develop campaign for flu vaccination among students, improving numbers of vaccinations over 2000% from previous year

Family Nurse Practitioner (September 2021-October 2022)

Inovalon, Chicago, IL

Part-time work performing in-home wellness assessments for insurance companies.

- Assessed chronic and acute health conditions for insurance companies through wellness visits.
- Coordinated care and assessment with patient PCP
- Coordinated care between home health agencies, caregivers, family members and specialists to provide broad spectrum care to each patient.

Family Nurse Practitioner/Primary Care Provider (July 2018-July 2019)

MD at Home, Chicago, IL

Provided in-home primary care for homebound Medicare patients in medically underserved populations.

- Certified new patients as homebound in order to receive home health services.
- Delivered primary care to adults and geriatric clients in their homes.
- Worked as independent primary care provider to prescribe treatment regimens and refer, as appropriate, for assessed medical conditions.
- Ordered and interpreted diagnostic tests, annual screenings and interventions. Provided evaluation and follow up for labs and radiology results.

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- Coordinated care between home health agencies, caregivers, family members and specialists to provide broad spectrum care to each patient.

Family Nurse Practitioner/Primary Care Provider (August 2017-July 2018)

Broadway Medical Center, Melrose Park, IL

- Provided primary care for culturally diverse patients across the lifespan in a medically underserved population.
- Delivered urgent and primary care to infants, children, adolescents, adults and geriatric clients in a walk-in, and appointment-based setting.
- Worked autonomously, with physicians on-call, to prescribe pharmaceuticals, nonpharmacological interventions and treatment regimens as appropriate for assessed medical conditions.
- Developed rapport among Spanish speaking population as the sole Spanish-speaking provider in the facility.

Family Nurse Practitioner Student/Intern (May 2016-May 2017)

PCC Community Wellness Centers, Chicago, IL

Selected for Community Health Immersion Clinical, a competitive UIC internship program.

Provided primary patient care services including physical/gynecological examinations, pregnancy management, health assessments, prevention, diagnoses, and treatment of acute and chronic illnesses among a diverse, urban population aged 0-89 years old, in a community health setting. Over 625 hours logged with preceptors in midwifery, primary care, sports medicine, substance abuse, mental health with expertise in infant through geriatric.

Registered Nurse, Emergency Room (November 2014-February 2017)

Macneal Hospital, Berwyn, IL

Served as member of interdisciplinary healthcare teams in providing critical care and performing lifesaving interventions.

- Maintained safe and effective care to patients with different acuity levels in a time- restricted and demanding environment
- Communicated and collaborated with physicians and other healthcare professionals to ensure optimal care was given to patients in a timely manner

Registered Nurse, Pediatric, Adolescent and Adult (June 2014-November 2014)

Hartgrove Mental Health Hospital, Chicago, IL

- Float RN to all units with an average of 40 bed capacity—role of med nurse or charge nurse for entire unit
- Perform assessment of the patient's nursing care needs and implement nursing interventions
- Coordinate with medical and paramedical professionals to provide appropriate input and effectively plan treatment plan for the patient.

Mental Health Specialist, Pediatric, Adolescent and Adult (August 2013-June 2014)

Hartgrove Mental Health Hospital, Chicago, IL

- Lead cognitive group therapy sessions
- Provided therapeutic interactions with patients
- Maintained the therapeutic milieu using acceptable standards

Other Experience

Outreach Director (January 2012-October 2012)

Educators 4 Excellence, Los Angeles, CA

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- Founding Outreach Director and interim Executive Director of the Los Angeles chapter
- Engaged teachers in activism for a growth of over 1,000 new members in 10 months
- Organized events from concept to completion for over 200 attendees
- Created ambitious organizational growth goals and led the hiring process for new team members

Admissions Manager (January 2011-January 2012)

City Year Los Angeles, CA

- Admissions Point: directed recruitment to bring in over 200 corps members for service
- Served as Customer Service Point: managed candidate correspondences from start to finish
- Led professional development courses for corps members

Educator (August 2006-January 2011)

Teach For America/Americorps, Los Angeles Academy Middle School, Los Angeles, CA

- Instructed 6th, 7th and 8th grade Math, English, Science and Social
- Developed two school-wide English curriculums for intervention classes
- Increased the number of books read 120% from the previous year

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- Published in American Federation of Teachers, November 2009

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- Candidate for Long Beach School Board, Fall 2009